

MARLBOROUGH AREA BOARD
MARLBOROUGH HEALTH AND WELLBEING GROUP
PROGRESS REPORT AND UPDATE JANUARY 2024

The following report provides an update on the progress and plans of the Health and Wellbeing Group

1. Notes of the meeting held on 19th October 2023 (attached)

Consideration was given principally to:

- updates
- a presentation on Social Prescribing from the Kennet and Avon Medical Partnership
- the work of the Wiltshire Council Health Coaches
- planning for future events; notably the Engagement event, December 2023.

2. Engagement event – 5th December 2023

Following the successful ‘relaunch’ event in October 2022 the Group aimed to develop further its focus and membership helping to address some of the health and wellbeing issues that emerged following the Covid 19 pandemic. Responding to requests for future networking opportunities plans were developed for a further engagement session for the local health related voluntary, charitable and statutory sector organisations.

A pleasing total of 34 attendees representing 19 local health and wellbeing organisations with a focus on older and vulnerable people joined the session which was held at St Peter’s Church. With the aims of sharing information and facilitating networking and opened by the Mayor of Marlborough the presentations covered the following topics:

- The wider context for Health and Wellbeing in Wiltshire.
- The role and contribution of the Marlborough Health and Wellbeing Group.
- Grant provision from Wiltshire Council and the Wiltshire Community Foundation.
- The Great Western Hospital; the Carers’ passport arrangement and the new emergency department and admission facilities
- Domiciliary care and support in the community.

In addition the first iteration of a local summary of services and relationships between the attending organisations was completed and shared with attendees.

3. A Health & Wellbeing event in Priory Gardens late spring / early summer 2024.

Board members may recall that the Group had developed advanced plans for a health and wellbeing fayre in the spring of 2020 which were abandoned inevitably due to the Covid 19 pandemic.

The intention is to repeat the approach with a public event (11am – 3pm) to which a wide range of local statutory and voluntary organisations will be invited to provide information about their services and facilities, to respond to questions, to enable networking and

discussion and generally to raise awareness about local support arrangements and opportunities for older and vulnerable adults and families in the Marlborough area.

Sited in Priory Gardens the event will feature music, dancing and refreshments.

Early planning is underway to include a wide range of aspects including:

- Public liability insurance
- site issues: vehicle and pedestrian access, health and safety, risk assessment, security, major incident planning, fire, inclement weather etc
- exhibitors and demonstrators
- publicity before and at the event

The financial requirements will be determined and a request submitted to the Marlborough Area Board meeting on 19th March 2024.

Board members will be warmly invited to join the event and further details will follow.

Jill Turner,

Chair, Marlborough Health and Wellbeing Group

January 2024

MARLBOROUGH HEALTH AND WELLBEING GROUP

NOTES OF THE MEETING 3pm THURSDAY 19th OCTOBER 2023

PRESENT

Marianna Baschiera, Greatwood Charity

Becky Bye - Rethink

Councillor Jane Davies, Cabinet Member for Adult Services, SEND, Transitions & Inclusion

Sanjana Matthews-Mair; Health Trainer, Wiltshire Council

Karen Montgomery. Kennet and Avon Medical Partnership

Jill Turner, Chair

Ruth Wilson- Carer Support Wiltshire

APOLOGIES

Chris Atkinson; Kennet and Avon Medical Partnership (KAMP)

Frances Barrone; Prevention and Wellbeing Team Wiltshire Council

Sarah Davey; Health and Social Care Lead, Ramsbury Surgery

Representative; Jubilee Day Centre. Marlborough

Dominique Oughton – Wiltshire and Swindon Sports Partnership

Andrew Jack; Strategic Engagement and Partnership Manager, Wiltshire Council

Representative; Health Watch Wiltshire

Kate Sharpe: Alzheimers Support

Hayley Boland and Helen Gough: Carer Support Wiltshire

NOTES

No	ITEM	ACTION
1	<p>Welcome and introductions</p> <p>JT welcomed attendees to the meeting and noted that Anne Hancock had stood down recently as the representative for Jubilee Centre. A replacement representative was expected, and thanks expressed to Anne for her contribution to the Group</p>	
2	<p>Notes of the Meeting on 5th July 2023.</p> <p>The Notes of the meeting held on 5th July 2023 were agreed as an accurate record</p>	
3	<p>Matters arising</p> <p>Great Western Hospital Carers' passport: JT reported that she had spoken with Tania Currie, Head of Patient Experience and Engagement at Great Western Hospital with reference to the Carer's passport and the proposed autumn networking event. TC had agreed that the Hospital would be represented at the event and would update attendees on the Urgent Treatment Centre and new 'front door' urgent admission building project which was due to open in the summer of 2024.</p> <p>Wiltshire Council Carers' Strategy: JD updated the Group that following public consultation the draft Wiltshire Council Carers' strategy had been to Cabinet and would be publicised widely including via Town and Parish Councils.</p>	
4	<p>Social Prescribing presentation, KAMP</p> <p>KM outlined the social prescribing services that were provided by KAMP. Evidence indicates that approximately 20% of all GP visits were stimulated by a non-medical requirement such as issues relating to housing, finance, unemployment and loneliness. Consequently the social prescribing approach had been developed in an attempt to provide other support and to link people to community based activities that were better suited to their needs. The range of presenting conditions includes chronic health issues eg fibromyalgia and low level mental health issues and loneliness.</p> <p>The approach was of a holistic nature focusing on personalised care beginning with the question: 'what matters to you?' and seeking to develop a set of goals to be addressed through a coaching approach.</p> <p>Patients are referred on where appropriate to other KAMP services such as Health and Wellbeing Coaches and Care Coordinators as well as other organisations, services and groups such as Citizens Advice, food banks, housing services and u3a in Kennet. KM /AW also attend groups with patients to assist them to develop their confidence. Up to 8 sessions are offered to each patient with the aim of avoiding long term dependence on support from KAMP staff.</p> <p>KM works with patients from 18 – 75 years and colleague Alix Ward (Transforming Care for Older People team TCOP) works with patients over 75 years. Home visits are offered for housebound patients too. A</p>	

	recruitment exercise was underway for another Social Prescriber to work with patients from 18 – 75 years	
5	<p>Wiltshire Council – Health Coaches</p> <p>SM-M introduced the role of the Health Coaches which were part of the Council’s Public Health Team.</p> <p>The Coaches provide advice on a range of health issues including stop smoking and exercise. SM-M is also a Fitness Instructor at the Marlborough Leisure Centre.</p> <p>KAMP would link with SM- M to develop further referral and joint working arrangements</p>	KM / SM-M
6.	<p>Health and Wellbeing grant applications (budget - £7,700)</p> <p>JT updated the Group that following consideration by the HWB Group a grant of £1,425 had been awarded by the Marlborough Area Board to Carer Support Wiltshire for the establishment of a new Bereavement Café in Marlborough (Castle and Ball Hotel) as a joint project with Prospect Hospice.</p> <p>Adopting the approach ‘make a friend – be a friend’ (MAT BAF) the aim was to provide community-based support for bereaved people, including bereaved carers. The group would meet on a monthly basis.</p> <p>A total of £6,275 in grant funding remained available for further bids.</p>	
	<p>Proposal for a Marlborough HWB networking event - actions and support required</p> <p>JT introduced the aim to organise a second ‘networking’ event for local health and wellbeing organisations in the Marlborough area following the successful event in October 2022.</p> <p>Following discussion the following was agreed:</p> <ul style="list-style-type: none"> ➤ Venue: St Peter’s Church ➤ Date: prior to mid December 2023. ➤ Format: presentations followed by networking with refreshments and poster displays ➤ Presentations potentially to include: <ul style="list-style-type: none"> JD (Wiltshire Council) JT (HWB Group) KAMP – Social Prescribing Great Western Hospital – Carers passport and new urgent care facility Carer Support Wiltshire Rethink Dementia related organisation/s <p>A grant would be requested for the event (venue hire, refreshments, badges etc)</p> <p>Planning would be pursued urgently and Invitations would be issued.</p>	<p>JT</p> <p>JT</p>

	<p>Invitees would be requested to provide information about their work and relationships with other organisations to facilitate a ‘mapping’ exercise to identify any gaps in local service provision.</p>	
	<p>Any other business</p> <p>a) Information about local services and support</p> <p>SM-M informed the Group about the Wiltshire Council’s online portal with details about local community groups, activities and sources of information such as help with the cost of living: https://wiltshiretogether.org.uk/</p> <p>The Council had developed an online map showing ‘warm spaces’ in the winter of 2022-23 and it was confirmed that public libraries would once again offer ‘warm space’ support with warm packs and information in the winter of 2023-24</p> <p>b) Health and Wellbeing event – spring 2024</p> <p>A Health & Wellbeing event in Priory Gardens would be planned for late spring / early summer 2024 along similar lines to the one which was planned for early 2020 but abandoned due to the Covid 19 pandemic .</p> <p>The potential to involve younger people would be considered in due course with Councillor Caroline Thomas, Chair of the Local Youth Network (LYN)</p>	
	<p>Date of next meeting</p> <p>To be confirmed</p>	